

What's the Faith Environment in Your Family?

The most important factor influencing your child's faith formation is the experience he or she has in your family. Rate the faith environment in your family on a scale of 1 (low) to 5 (high).

1. Our family participates regularly at Mass on Sundays and holy days..... _____
2. Our family is a member and participates as fully as possible in the social, spiritual and sacramental activities of the parish..... _____
3. Our family fosters an atmosphere of care, respect, understanding and forgiveness among family members _____
4. Our family has a habit of daily prayer, reflection and devotion—as individuals and as a family..... _____
5. Our family recognizes God's grace and presence in the people and world around us..... _____
6. Our family incorporates Catholic traditions, rituals and customs into family life and family celebrations _____
7. Our family uses rules and discipline which balance the needs of the individual with the common good of the whole family..... _____
8. The Catholic adults in our family participate in continuing faith formation, enrichment and spiritual growth..... _____
9. The children in our family are enrolled in continuing faith formation in a Catholic school or parish faith formation program..... _____
10. Our family understands and respects Catholic religious, moral and social teaching ... _____
11. Our family practices principles of good stewardship to conserve natural resources and provide support to the church and charitable organizations _____
12. Our family uses Catholic values to guide our use of time, money, personal relationships and sexual behavior..... _____
13. Our family uses Catholic values to guide our choice of employment, entertainment and leisure activity _____
14. Our family shows a special concern for the poor, disadvantaged and marginalized..... _____
15. Our family supports public policies and laws which respect Catholic values..... _____

Total Score

- 56-75 – You're doing a great job. Your child should be very well prepared to celebrate the sacraments.
- 36-55 – You're doing a good job. Your child should be well prepared to celebrate the sacraments.
- 16-35 – There is room for improvement. Think about what changes you need to make in order to enrich your child's celebration of the sacraments.
- 0-15 – There are serious deficiencies. You should make immediate changes or consider postponing your child's celebration of the sacraments.